



# TRY SPEED SKATING

Come try the fastest sport on ice!

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**SUNDAY'S STARTING OCTOBER 16, 2022 | 6:00 TO 6:30PM**

STAPLES ARENA

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This is a new exciting program starting in the fall of 2022. Skaters in this group should already be able to stand on skates. There are two sessions one in the fall and one starting in January. This group skates once a week on Sunday's and can skate in hockey or figure skates. Skating with this program will provide a fun environment for the athletes to learn the basics of speed skating, learn from other athletes in the club as well as qualified coaches and there will be opportunities for families to learn about the sport of speed skating. The goal of this program is to learn about speed skating, have fun and prepare the skaters to join Group 1 when they are ready.